

Lesson Aims:

All learners:

1. Conservation of energy.

Most learners:

1. The interchange of GPE and KE and conservation of energy.
2. Calculations with interchange of KE and GPE.

Some learners:

1. Complete all tasks.

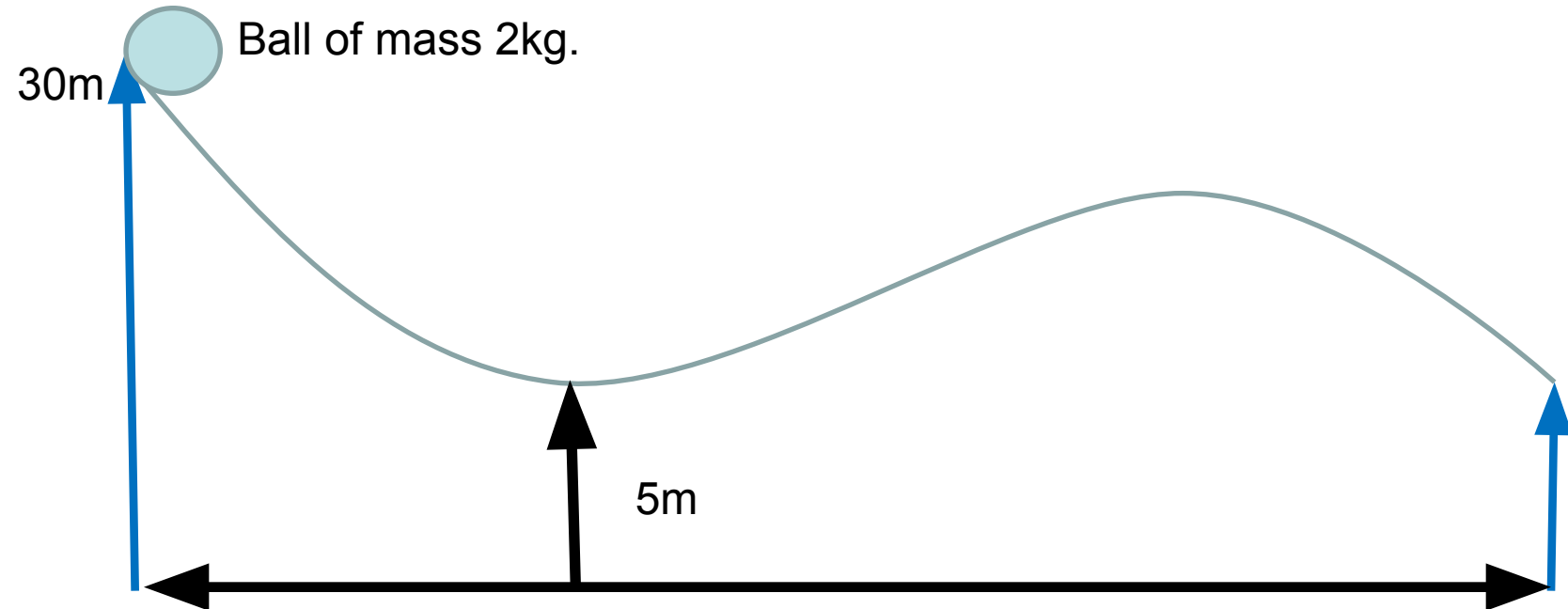
Starter !!

1. Usain Bolt runs at 10 m/s. His mass is 90kg. Calculate his kinetic energy.
2. A ball is moving at 4 m/s. Its kinetic energy is 4J. How much kinetic does it have if the speed is doubled?
3. A monkey of mass 30kg climbs a tree of height 50m. How much gravitational energy does it gain?

Interchange of Kinetic energy and Gravitational Energy

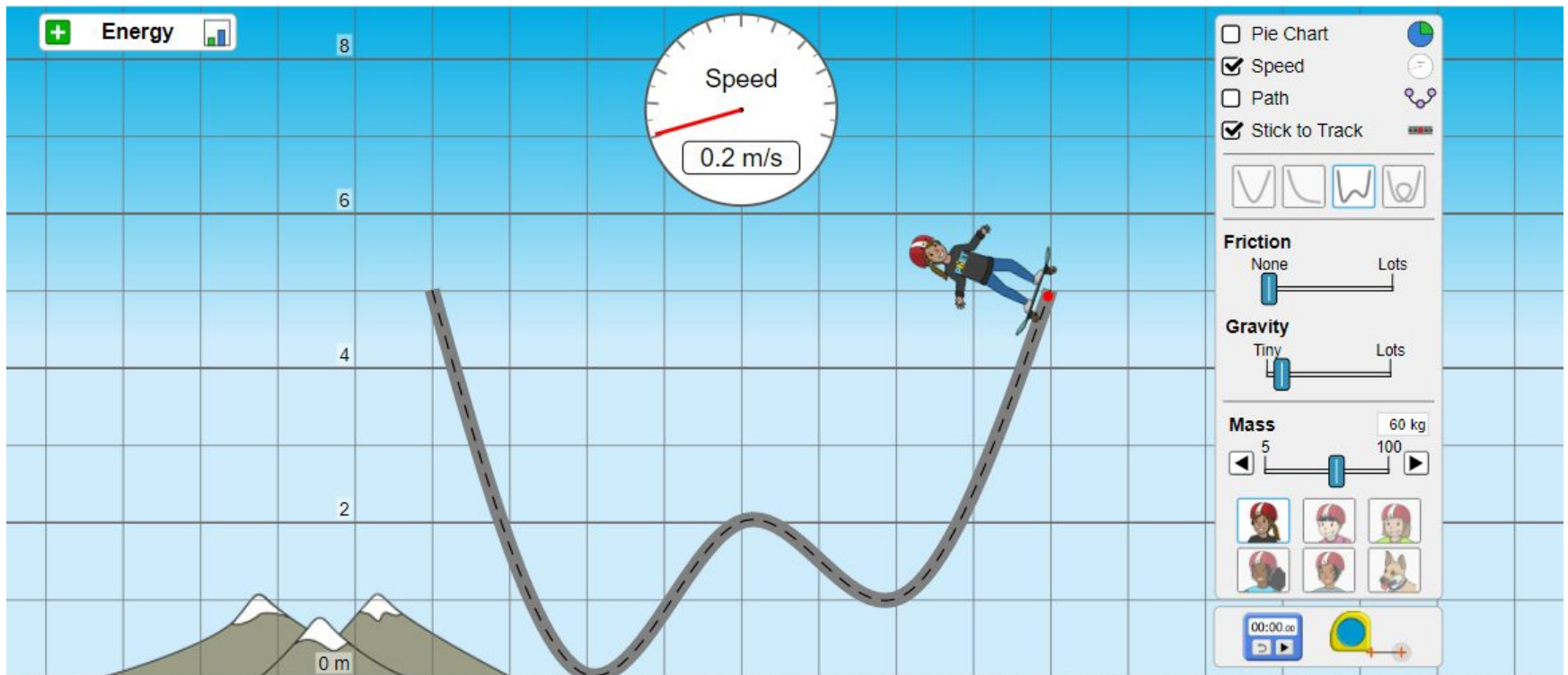
[energy-skate-park_en.jar](#)

https://phet.colorado.edu/sims/html/energy-skate-park/latest/energy-skate-park_all.html



- Calculate the GPE of the ball at the start.
- Calculate the GPE and KE when at 5m above the ground.
- Calculate the speed of the ball at this point.

Example !!



1. If $g = 10 \text{ N/kg}$ calculate the GPE at the start [mass = 60kg].
2. What is the GPE at 2m?
3. What is the kinetic energy at 2m?
4. What is the speed at 2m?

A small block of wood passes through point P at a speed of 2.00 ms^{-1} and slides down a smooth curved track.

- (a) Calculate the speed of the block as it passes point Q, 12.0 m vertically below P.

